

AUTMNU MENU 2021



FOR MONSTER APPETITES

Week 1

Week commencing
 06.09.21 27.09.21 18.10.21 15.11.21 06.12.21

MONDAY

Choice 1 Sweet Potato & Chick Pea Korma (v)
Choice 2 Mild Chicken Korma
Served with Steamed Rice & Sweetcorn
"Light Bite" Jacket Potato with Cheese, Baked Beans & Side Salad (v)
Dessert Ice cream Roll & Butterscotch Sauce

TUESDAY

Choice 1 Sausage in Onion Gravy
Choice 2 Braised Quorn in Onion Gravy (v)
Served with Steamed Potato & Farmhouse Vegetables
"Light Bite" Macaroni Cheese & Side Salad (v)
Dessert Lemon Drizzle Cake

WEDNESDAY

Choice 1 Whole Wheat Pasta Beef Bolognaise
Choice 2 Whole Wheat Pasta Italian Vegetable Bolognaise (v)
Served with Crusty Bread, Carrots & Peas
"Light Bite" Jacket Potato with Cheese, Baked Beans & Side Salad (v)
Dessert Jelly with Fruit

THURSDAY

Choice 1 Cauliflower & Broccoli Cheese (v)
Choice 2 Baked Gammon Ham
Served with Roast Potatoes, Cabbage & Green Beans with Gravy
"Light Bite" Tomato & Basil Pasta with Side Salad (v)
Dessert Somerset Apple Cake & Cream

FRIDAY

Choice 1 Breaded Fish Fingers
Choice 2 Vegetable Nuggets (v)
Served with Chips & Baked Beans
"Light Bite" Jacket Potato with Cheese, Baked Beans & Side Salad (v)
Dessert Chocolate Mousse



Fresh drinking water & wholemeal bread are available daily.



Week 2

Week commencing
 13.09.21 04.10.21 01.11.21 22.11.21 13.12.21

MONDAY

Choice 1 Baked Sausage
Choice 2 Quorn Sausage (v)
Served with Baked Jacket Potato Wedges & Baked Beans
"Light Bite" Jacket Potato with Cheese, Baked Beans & Side Salad
Dessert Fruit Yoghurt

TUESDAY

Choice 1 Chicken & Bacon Pasta Bake
Choice 2 Italian Vegetable & Tomato Pasta Bake (v)
Served with Baked Garlic Bread & Mixed Vegetables
"Light Bite" Salmon Roll & Cucumber Chunks
Dessert Fruit Chocolate Tray Bake

WEDNESDAY

Choice 1 Savoury Minced Beef and Vegetables
Choice 2 Savoury Quorn and Vegetables (v)
Served with Layered Potatoes & Farmhouse Vegetables
"Light Bite" Jacket Potato with Cheese, Baked Beans & Side Salad (v)
Dessert Ice cream Roll and Strawberry Sauce

THURSDAY

Choice 1 Meatballs in Tomato Sauce
Choice 2 Mild Mixed Bean, Quorn & Vegetable Chilli (v)
Served with Wholegrain Steamed Rice, Sweetcorn & Green Beans
"Light Bite" Egg Mayo & Salad Wrap
Dessert Australian Crunch & Custard

FRIDAY

Choice 1 Breaded Fish Cake
Choice 2 Cheese & Tomato Pizza (v)
Served with Chips, Peas & Tomato Ketchup
"Light Bite" Jacket Potato with Ham, Baked Beans & Side Salad (v)
Dessert Jelly with Fruit



Week 3

Week commencing
 20.09.21 11.10.21 08.11.21 29.11.21

MONDAY

Choice 1 Chicken Nuggets
Choice 2 Vegetable Nuggets (v)
Served with Baked Jacket Wedges & Baked Beans
"Light Bite" Jacket Potato with Tuna Mayo & Side Salad
Dessert Fruit Flapjack

TUESDAY

Choice 1 Vegetable Lasagne (v)
Choice 2 Beef Lasagne
Served with Baked Garlic Bread & Carrots & Green Beans
"Light Bite" Ham Roll with Tomato Wedges
Dessert Jelly & Fruit Salad

WEDNESDAY

Choice 1 BBQ Style Chicken & Vegetables
Choice 2 Sweet & Sour Style Quorn & Pepper Pieces (v)
Served with Steamed Vegetable Rice
"Light Bite" Jacket Potato with Cheese, Baked Beans & Side Salad (v)
Dessert Pear & Ginger Sponge & Custard

THURSDAY

Choice 1 Roast Beef & Gravy
Choice 2 Vegetable Sausage & Gravy (v)
Served with Roast Potatoes, Broccoli & Cauliflower
"Light Bite" Pasta in Ham & Cheese Sauce & Side Salad
Dessert Cherry Shortbread

FRIDAY

Choice 1 Battered Fish Fillet
Choice 2 Cheese & Onion Turnover (v)
Served with Chips, Peas & Tomato Ketchup
"Light Bite" Jacket Potato with Cheese, Baked Beans & Side Salad (v)
Dessert Raspberry Mousse



Fresh fruit is offered as an alternative to the dessert option.



 Plant based Eating Day

