

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y5	Outdoor Adventurous Activities Hockey Will need to discuss with First Schools what sports they missed in Year 4 as may have some skill/rule knowledge gaps.	Gymnastics Health Related Exercise	Dance Netball (Bee – 5 aside)	Problem Solving/ Leadership Tag Rugby	Cricket (Pairs) Athletics	Tennis Rounders
Y6	Outdoor Adventurous Activities Hockey	Gymnastics – will have done none in Year 5 so will need to do a quick baseline assessment to work out ability levels of individuals/classes. Health Related Exercise	Problem Solving Netball (Bee – 5 aside)	Dance Tag Rugby <u>Swimming catch up – as will have missed it in Year 4 at their First Schools.</u>	Cricket (Pairs) Athletics <u>Swimming catch up</u>	Tennis Rounders <u>Swimming catch up</u>
Y7	Gymnastics – will	Health Related	Football	Tag Rugby (Missed)	Cricket	Tennis

Scope**Coherence****Rigour****Sequencing**

Y8	Hockey	Exercise Basketball	Netball (7 aside)	Year 6 so will need to recap basics learnt in Year 5). Handball	Athletics	Rounders
	Basketball Hockey	Gymnastics – will need to do some more basic gym before moving on to flight/vaulting. Tag Rugby (Could this change to contact rugby if same gender groups) (Missed Year 7 so will need to recap basics learnt in Year 5).	Football Netball (7 aside) - (Missed Year 6 so will need to recap basics learnt in Year 5).	Health Related Exercise Handball	Cricket Athletics	Tennis Rounders

Assessment – First lesson of each sport block to evaluate level of understanding of rules and basic skill retention from previous year(s). This may be lower than normal due to missing of certain sports for certain year groups due to COVID. Assessment (visual, verbal questioning/quiz)

Scope**Coherence****Rigour****Sequencing**

ongoing throughout the lessons and then in last lesson of each sport block to analyse progress of skills and rules to see if they have reached expected level for their age.

End Points: Aims and Knowledge in Evidence (per year/per key stage):

Key Stage 2

Pupils should be able to:

- Demonstrate a good level of fundamental movement skills eg. throwing, catching, jumping, running.
- Understand the basic rules of the sports covered.
- Understand the basic principles of attack and defence.
- Understand why it is important to exercise and how to stay healthy.
- Work as part of a team and independently.
- Have experienced intra/inter school competitive opportunities.

-Swim 25m and know how to be safe in the water by the end of Year 6 – currently no provision/checking for this due to facilities. Need to have discussion with First Schools. (This could be part of COVID catch up)

Key Stage 3

Pupils should be able to:

- Understand and apply the rules of the sports covered including in leadership or officiating roles.
- Apply tactical knowledge in each sport covered.
- Work effectively as a part of a team and independently.
- Analyse their performances and know how to improve.
- Have experienced a range of intra/inter school competitive opportunities.
- Understand the benefits of life-long participation in physical activity.
- Understand basic technical terminology in relation to health and exercise effects on the body.

Curriculum Intent statement:

The intent of the Physical Education curriculum at Swanmead is to develop pupils who are passionate and enthusiastic about physical exercise and sport developing a life-long interest to therefore benefit their long-term health and wellbeing. Pupils will have the opportunity to experience a wide range of activities including invasion games, striking and fielding, aesthetics and other individual competitive sports. They will experience working in a team as well as independently developing their social, communication and problem solving skills. Pupils will be able to become strong leaders through coaching and umpiring opportunities as well as have the chance to start to develop understanding of technical terminology. Finally extra-curricular clubs will allow pupils to extend their knowledge and have the chance to represent the school creating a sense of pride and achievement.

Scope

Coherence

Rigour

Sequencing