

WEEK 1

WEEK COMMENCING

11/03/19, 01/04/19, 06/05/19, 03/06/19,
24/06/19, 15/07/19

Monday

Vegan Main: Linda McCartney Vegan Sausages

Side: Jacket Potato Wedges

Vegetables: Baked Beans

Dessert: Chocolate Cookie

Tuesday

Vegan Main: Savoury Vegetables in Tomato Sauce

Side: Rice

Vegetables: Green Beans

Dessert: Fruit Jelly

Wednesday

Vegan Main: Sweet Potato & Onion Bake with Gravy

Side: New Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Alpro Yoghurt

Thursday

Vegan Main: Vegetable & Chick Pea Casserole

Side: Herb Dice Potatoes

Vegetables: Sweetcorn

Dessert: Fruit Cocktail

Friday

Vegan Main: Baked Vegetable Crumble

Side: Chips

Vegetables: Garden Peas & Tomato Ketchup

Dessert: Lemon Cookie



SCHOOL LUNCH MENU - Feb 2019 to July 2019

VEGAN

WEEK 2

WEEK COMMENCING

25/02/19, 18/03/19, 22/04/19, 13/05/19,
10/06/19, 01/07/19, 22/07/19

Monday

Vegan Main: Vegetable & Chickpea Casserole

Side: Rice

Vegetables: Garden Peas

Dessert: Alpro Yoghurt

Tuesday

Vegan Main: Sweet Potato & Onion Bake & Gravy

Side: Jacket Potato Wedges

Vegetables: Sweetcorn

Dessert: Chocolate Cookie

Wednesday

Vegan Main: Savoury Vegetables in Tomato Sauce

Side: New Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Fruit Cocktail

Thursday

Vegan Main: Vegetable Pasta Bolognaise

Side: GF & D/F Garlic Bread

Vegetables: Sliced Carrots

Dessert: Fruit Jelly

Friday

Vegan Main: Linda McCartney Vegan Sausages

Side: Chips

Vegetables: Baked Beans

Dessert: Lemon Cookie

WEEK 3

WEEK COMMENCING

04/03/19, 25/03/19, 29/04/19, 20/05/19,
17/06/19, 08/07/19

Monday

Vegan Main: Linda McCartney Meatballs in Tomato Sauce

Side: Rice

Vegetables: Sweetcorn & Peppers

Dessert: Apple Cookie

Tuesday

Vegan Main: Sweet Potato & Onion Bake & Gravy

Side: Jacket Potato Wedges

Vegetables: Baked Beans

Dessert: Fruit Cocktail

Wednesday

Vegan Main: Linda McCartney Vegan Sausages

Side: Roast Potatoes

Vegetables: Carrots & Green Beans

Dessert: Fruit Jelly

Thursday

Vegan Main: Vegetable Casserole

Side: Mashed Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Chocolate Cookie

Friday

Vegan Main: Savoury Vegetables in Tomato Sauce

Side: Chips

Vegetables: Garden Peas

Dessert: Golden Syrup Cookie



DAILY EXTRAS: Jacket potatoes & baked beans are available daily, as the alternative to the main menu, BAM FM recommends choosing the jacket potato option no more than twice a week. We use Gluten Free Pasta, Flour, Gravy & Fish Products. Fresh drinking water available daily.