

SCHOOL LUNCH MENU - Feb 2019 to July 2019

WEEK 1

WEEK COMMENCING

11/03/19, 01/04/19, 06/05/19, 03/06/19,
24/06/19, 15/07/19

Monday

Meat: Baked Sausage

Vegetarian: Baked Quorn Sausage

Side: Jacket Potato Wedges

Vegetables: Baked Beans

Dessert: Marble Cake

Tuesday

Meat: Mild Beef Chili Con Carne

Vegetarian: Mild Vegetable Chili Con Carne

Side: Rice

Vegetables: Green Beans

Dessert: Fruit Jelly

Wednesday

Meat: Roast Pork Loin & Gravy

Vegetarian: Roast Quorn Pieces & Gravy

Side: New Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Fruit Yoghurt

Thursday

Meat: Beef Burger in a Bun & Tomato Ketchup

Vegetarian: Vegetable Burger & Tomato Ketchup

Side: Herb Dice Potatoes

Vegetables: Sweetcorn

Dessert: Butterscotch Mousse

Friday

Fish: Breaded Fish Fingers

Vegetarian: Vegetable Nuggets

Side: Chips

Vegetables: Garden Peas & Tomato Ketchup

Dessert: Lemon Sponge

WEEK 2

WEEK COMMENCING

25/02/19, 18/03/19, 22/04/19, 13/05/19,
10/06/19, 01/07/19, 22/07/19

Monday

Meat: Mild Chicken Curry

Vegetarian: Vegetable & Chickpea Curry

Side: Rice

Vegetables: Garden Peas

Dessert: Fruit Yoghurt

Tuesday

Meat: Hot Dogs & Tomato Ketchup

Vegetarian: Vegetable Hot Dogs & Tomato Ketchup

Side: Jacket Potato Wedges

Vegetables: Sweetcorn

Dessert: Chocolate Cake

Wednesday

Meat: Savoury Pork Boston Bake & Gravy

Vegetarian: Quorn Sausage

Side: New Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Strawberry Mousse

Thursday

Meat: Pasta Bolognaise

Vegetarian: Vegetable Pasta Bolognaise

Side: Garlic Bread

Vegetables: Sliced Carrots

Dessert: Fruit Jelly

Friday

Fish: Breaded Fishcake

Vegetarian: Vegetable Burger

Side: Chips

Vegetables: Baked Beans

Dessert: Carrot Cake

WEEK 3

WEEK COMMENCING

04/03/19, 25/03/19, 29/04/19, 20/05/19,
17/06/19, 08/07/19

Monday

Meat: Pork Meatballs in Tomato Sauce

Vegetarian: Quorn Meatballs in Tomato Sauce

Side: Rice

Vegetables: Sweetcorn & Peppers

Dessert: Somerset Apple Cake

Tuesday

Meat: Chicken Nuggets

Vegetarian: Vegetable Nuggets

Side: Jacket Potato Wedges

Vegetables: Baked Beans

Dessert: Raspberry Mousse

Wednesday

Meat: Roast Beef & Gravy

Vegetarian: Quorn Pieces & Gravy

Side: Roast Potatoes

Vegetables: Carrots & Green Beans

Dessert: Fruit Jelly

Thursday

Meat: Chicken & Vegetable Casserole

Vegetarian: Vegetable Casserole

Side: Mashed Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Pear & Chocolate Crumble with Custard

Friday

Fish: Breaded Fish Fingers

Vegetarian: Cheese & Tomato Pizza

Side: Chips

Vegetables: Garden Peas & Tomato Ketchup

Dessert: Golden Syrup Flapjack

DAILY EXTRAS: Jacket potatoes with cheese & baked beans are available daily, as the alternative to the main menu, BAM FM recommends choosing the jacket potato option no more than twice a week. Fresh drinking water available daily.

