

WEEK 1

WEEK COMMENCING

11/06/18, 02/07/18, 23/07/18, 17/09/18 & 08/10/18

Monday

Meat: Baked Pork Sausages

Vegetarian: Baked Quorn Sausages

Side: Mashed Potatoes

Vegetables: Baked Beans

Dessert: Fruit Jelly

Tuesday

Meat: Savoury Minced Beef & Tomato Sauce

Vegetarian: Savoury Vegetable Mince & Tomato Sauce

Side: Rice

Vegetables: Sweetcorn & Peppers

Dessert: Oaty Apple Crumble & Custard

Wednesday

Meat: Roast Turkey & Gravy

Vegetarian: Roast Quorn Fillet & Gravy

Side: New Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Marble Cake

Thursday

Meat: Beef Burger in a Bun & Relish

Vegetarian: Vegetable Burger in a Bun & Relish

Side: Herb Dice Potatoes

Vegetables: Carrot Sticks

Dessert: Chocolate Mousse

Friday

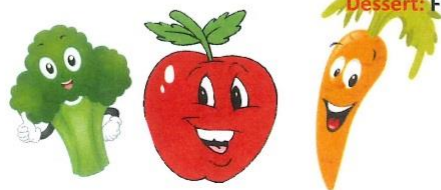
Fish: Breaded Fish Fingers

Vegetarian: Vegetable Nuggets

Side: Chips

Vegetables: Garden Peas

Dessert: Fruit Cake



SCHOOL LUNCH MENU - June to October 2018

WEEK 2

WEEK COMMENCING

18/06/18, 09/07/18, 03/09/18, 24/09/18 & 15/10/18

Monday

Meat: Chicken Strips in a Tomato & Pepper Sauce

Vegetarian: Vegetable & Mixed Bean Casserole

Side: Rice

Vegetables: Sweetcorn & Peas

Dessert: Fruit Yoghurt

Tuesday

Meat: Roast Pork & Gravy

Vegetarian: Quorn Fillet & Gravy

Side: Roast Potatoes

Vegetables: Carrots & Green Beans

Dessert: Banana cake

Wednesday

Meat: Bolognese Pasta Bake

Vegetarian: Vegetable Bolognese Pasta Bake

Side: Garlic Bread

Vegetables: Farmhouse Vegetables

Dessert: Fruit Jelly

Thursday

Meat: Savoury Pork Boston Bake

Vegetarian: Cheese & Tomato Pizza

Side: Jacket Wedges

Vegetables: Baked Beans

Dessert: Strawberry Mousse

Friday

Fish: Breaded Fishcake

Vegetarian: Vegetable Sausages

Side: Chips

Vegetables: Baked Beans

Dessert: Golden Syrup Flapjack

WEEK 3

WEEK COMMENCING

04/06/18, 25/06/18, 16/07/18, 10/09/18 & 01/10/18

Monday

Meat: Pork Meatballs in Tomato Sauce

Vegetarian: Vegetable Meatballs in Tomato Sauce

Side: Rice

Vegetables: Peas, Sweetcorn & Peppers

Dessert: Fruit Yoghurt

Tuesday

Meat: Roast Beef & Gravy

Vegetarian: Quorn Fillet & Gravy

Side: Roast Potatoes

Vegetables: Carrots & Green Beans

Dessert: Raspberry Mousse

Wednesday

Meat: Hot Dogs

Vegetarian: Vegetable Hot Dogs

Side: Jacket Wedges

Vegetables: BBQ Beans

Dessert: Sultana Sponge & Custard

Thursday

Meat: Chicken Breast & Gravy

Vegetarian: Baked Vegetable Crumble

Side: Mashed Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Fruit Jelly

Friday

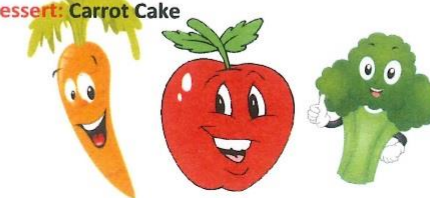
Fish: Breaded Fish Fingers

Vegetarian: Vegetable Burger

Side: Chips

Vegetables: Garden Peas

Dessert: Carrot Cake



DAILY EXTRAS: Jacket potatoes & cheesy beans are available daily, as the alternative to the main menu,

BAM FM recommends choosing the jacket potato option no more than twice a week. Fresh drinking water available daily.